

# Fresh Futures Contact Centres

Providing a safe, secure and positive environment for family contact.

Registered Charity Number 288125

# What is

## contact?

Contact is the time a child, or children, spend with a parent who no longer lives with them. Sometimes Contact involves grandparents or other family members.

A Centre such as ours can arrange Contact in a safe and secure environment.

All our Child Contact Centre's are child centred environments with a range of resources for children and young people of all ages to enable contact to be a positive experience. Contact is not just about allotting time between children and their family members. We believe it is more helpful to think of Contact as 'time for children' with an emphasis on the quality of that time. Your focus should be on meeting your children's needs as best you can to ensure their time with you is of value to them.

Child Contact Centres can help when there are safety considerations, or to help trust and reliability to develop between parents and carers. We can help when parents or carers need time to agree alternative plans or relationships need some time and support to develop.





# What is

### supervised/ assisted contact?

Where there are concerns about of children and or adults we supervise the Contact to ensure everybody is safe. Families are supervised on a one to one basis in Supervised Contact. There may be two families in Assisted Contac t sessions. Children are accompanied by a member of staff at all times to ensure their safety. We provide detailed observations of Contact and these are shared with CAFCASS and the Court.

During and after Contact sessions, staff will offer support and guidance to parents to enable contact to be a positive experience for the child(ren). We understand that parents need to feel that their child(ren) will be safe when considering whether Contact can progress. We offer a range of services to promote contact and also offer:

#### Supported contact:

This is available following a period of supervised or assisted contact. There may be up to three families in a session at any one time . The sessions ore supported by a member of staff and often volunteers. No written observations are provided.

#### Handovers:

When unsupervised contact is appropriate but parents do not wish to meet.

#### Letterbox:

We can assist indirect contact by sending on letters, cards and gifts. The addresses of both parents remain confidential.

# Who are

### Fresh Futures?

Fresh Futures is based in Huddersfield, at Brian Jackson House. We are accredited by the National Association of Child Contact Centres naccc.org.uk.

We work with the courts and a number of agencies to support children and families and have been awarded the HSSF Mark for Help and Support for Separated Families.

#### **Referrals:**

Referrals for Child Contact Services can be made by various agencies including CAFCASS Family Court Advisers, Social Workers, Solicitors, or Mediators. We also accept referrals from parents who do not have legal representation.

Parents are required to attend a pre visit interview before contact sessions take place. This is to introduce parents/carers to the centre, ask any questions they may have and a discussion takes place around ground rules of the contact centre and each parent/carer is required to adhere to these when attending the centre.





### **FIND OUT MORE**

To find out more information, use the contact details below to reach out to the Fresh Futures team who will be able to answer any questions you might have.



01484 519 988



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www.freshfutures.org.uk



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Improving lives, inspiring change