



**FRESH
FUTURES**

Improving lives, inspiring change

Fresh Futures Family Time Service

Providing a safe, secure and
positive environment for
family time.

Registered Charity Number 288125

What is family time?

The Fresh Futures' Family Time service provides a warm, safe environment where parents/carers and children can relax and can spend time together.

The service is for parents, grandparents or other family members who are no longer living with their children. A centre such as ours can arrange family time in a safe and secure environment. We provide a range of resources such as toys and games to enable a positive experience.

Family time is not just about allotting time between parents and family members. We believe it is more helpful to think of it as 'time for children' with an emphasis on the quality of interaction. The focus should be on meeting your children's needs as best you can to ensure their time with you is of value to them.

Family Time services can help when there are safety considerations, or to help trust and reliability to develop between parents and carers. We can help when parents or carers need time to agree alternative plans or relationships need some time and support to develop.



What services are available?

Supervised/Assisted sessions:

Where there are concerns about children and or adults we supervise the family time to ensure everybody is safe. Families are supervised on a one to one basis when attending a Supervised service. There may be two families during Assisted service sessions. Children are accompanied by a family time worker all times to ensure their safety. We provide detailed observations of family time sessions and these are shared with CAFCASS and the Court.

During and after family time sessions, staff will offer support and guidance to parents to enable arrangements to be a positive experience for the child(ren). We understand that parents need to feel that their child(ren) will be safe when considering whether arrangements can progress. We offer a range of services to promote contact and also offer:

Supported sessions:

This is available following a period of attending the supervised or assisted service. There may be up to three families in a session at any one time. The sessions are supported by a member of staff and often volunteers. No written observations are provided.

Handover sessions:

These take place when unsupervised contact is appropriate but parents/carers do not wish to meet one another, and require a safe, neutral venue for pick up and drop of child/ren.

Letterbox/indirect arrangements:

We can assist indirect arrangements by sending on letters, cards and gifts. The addresses of both parents remain confidential.

Who are

Fresh Futures?

Fresh Futures is based in Huddersfield, at Brian Jackson House. We are accredited by the National Association of Child Contact Centres nacc.org.uk.

We work with the courts and a number of agencies to support children and families and have been awarded the HSSF Mark for Help and Support for Separated Families.

Referrals:

Referrals for Family Time Services can be made by various agencies including CAFCASS Family Court Advisers, Social Workers, Solicitors, or Mediators.

We also accept referrals from parents who do not have legal representation.

Each parents/carer is required to attend an introductory meeting/interview before arrangements take place. This is to introduce parents/carers to the centre, allow them to ask any questions they may have and a discussion takes place around the guidelines and policies of the service. Each parent/carer is required to adhere to the service guidelines.





FIND OUT MORE

To find out more information, use the contact details below to reach out to the Fresh Futures team who will be able to answer any questions you might have.



01484 519 988



children-familyservices@freshfutures.org.uk



www.freshfutures.org.uk



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